

A decorative border surrounds the central text. At the top, there are illustrations of a bunch of herbs, a bowl of fruit including a pineapple, a bird with spread wings, another bowl of fruit, and a vase of grapes. On the left side, there is a vertical arrangement of kitchen tools (a whisk, a rolling pin, a grater, a knife, a spoon) and three circular frames containing the words 'sopas', 'peixes', and 'aves'. On the right side, there is a vertical arrangement of a woven basket, a grater, a rolling pin, and three circular frames containing the words 'carnes', 'ovos', and 'doces'. At the bottom, there is a large illustration of a fishing net containing various fish and a crab, with two small white cones hanging from the sides.

Virgílio Nogueiro Gomes

À Portuguesa:

Receitas
em Livros Estrangeiros
até 1900



Um livro importante
para o entendimento das
denominações «à portuguesa»
no estrangeiro.

2.^a EDIÇÃO

MARCADOR

Índice



Prefácio	IX
Introdução	13
Anexo	23
Edições:	
1604 Lancelot de Casteau	24
1607 Domingo Hernández de Maceras	29
1611 Francisco Martinez Montíño	34
1651 François Pierre La Varenne	42
1655 Nicolas de Bonnefons	46
1660 Robert May	49
1662 Pierre de Lune	53
1669 <i>Sir</i> Kenelm Digby	56
1700 Audiger Nicolas	61
1705 François Massialot	64
1705 Francesco Gaudenzio	70
1715 François Massialot	73
1735 Vincent La Chapelle	84
1747 Juan de la Mata	91
1758 François Marin	101

1786 Menon	105
1806 André Viard	110
1815 Marie-Antoine Carême	113
1817 André Viard	120
1817 J. J. Machet	124
1833 Marie-Antoine, dito Antonin, Carême	129
1840 R. C. M.	135
1864 Urbain Dubois e Émile Bernard	142
1867 Viart, Fouret e Délan, e Bernardi	147
1872 Urbain Dubois	153
1873 Jules Gouffé	158
1878 Pierre Lacam	164
1891 Pellegrino Artusi	170
1893 Pierre Lacam e Antoine Charabot	176
1894 Joseph Favre	180
1900 Pierre Lacam	186
Bibliografia – Fontes	191
Bibliografia – Estudos	194
Índice de receitas em português	197